Education Week
Thank you to all of the families that joined us for our Education Week celebrations. I would like to share my Principal’s address in this report for those parents who were not able to make it:

“Good morning parents, carers, grandparents and family members. Welcome to Education Week and to our Open Day at RPS. Education week is celebrated in every NSW Public School each year, allowing us to open up classrooms and showcase student talent and achievements.

This year, RPS is celebrating 124 years of educating students in the Rydalmere community. That means that next year when we turn 125 (our quasquicentennial – KWOZ-KWI-centennial - birthday) we get to have an even bigger party, and an opportunity to ‘show-off’ even more!!

The theme for this year’s Education Week is Celebrating Local Heroes’. I know we all have famous heroes we admire, but coming back to the core of our being at a local level to recognise the ‘heroes amongst us is so important. Sitting amongst us today are the heroes of our community – we have lots of ‘super men’ and ‘wonder women’ that contribute to our community every day in the work that they do. To our adult visitors today, thank you for being our local heroes.

We know that a good education can lead to financial success for many students– a well-rounded education will produce citizens who are ready to face the world. I have no doubt that RPS has in the past and will continue to produce pilots, nurses, doctors and lawyers, we will produce hairdressers, workers in emergency services and armed forces, retail workers, artists and skilled trades men and women.......and maybe even some teachers. To the children of RPS – YOU are our future local heroes. I know that with your dedication to your learning combined with the wonderful teaching staff who each day challenge your thinking in creative and reflective learning experiences, that sitting before me today I have 135 local heroes in the making!! What a wonderful choice your parents have made in enrolling you at Rydalmere PS – one of the best Public Schools in the state!!
Finally, my thanks to Mrs Ryan for your organisation of our Open Day and also to the teachers and ancillary staff for your contribution to the day.

Parents carers and visitors, enjoy our Open Day and lunch, and this time with your children – they have been looking forward to spending this time with you.”

Celebrating 100 Years of Women Policing
Today I had the privilege of accompanying 4 of our Year 6 girls to participate in a Baton Relay with Rosehill LAC policewomen, celebrating 100 years of women in policing.

Nour, Alison Haania and Diana were brilliant representatives of our school on the 5km relay and during the ceremony. Following are some pictures of the day. We would like to thank Rosehill LAC for asking us to accompany them on the relay and to participate in the celebrations afterwards.

Start: Ermington Police Station

Midway: The Mounted Police joined us

End: We made it!!

Tour: of some Police resources

The longest standing policewoman – 44 years of service and still going strong!!

Bek Zadow
Principal
This week Preschool had a wonderful time extending our learning about China and Chinese culture. The 3 day class performed their ‘Hello’ song in Chinese at the Education week open day.

Our learning continued during the week as we used the internet to hear the legend of how the panda’s became black and white. We also learnt that panda’s eat 14kg of bamboo each day. We used scales to weigh ourselves and discovered some of the pre-schoolers weigh 14kg. Mrs McKay brought in some real bamboo for us to feel.
In Visual Arts, 3/4M experimented with oil pastels and watercolour paints to create mood and drama in their artwork. Students were able to choose between warm and cool colours – either way, they created some very spooky artwork!
The Term 3 PSSA soccer season is underway! Both of our teams are enjoying being back on the field and are putting in a tremendous effort.

Week 3 Results:
Junior team: 4-1
Senior team: 5-0

‘Today the Junior team won their PSSA soccer match. The score was 4-1! Caden scored two goals and so did Ahmad. Caden scored one goal in the first half and then another goal in the second half. Ahmad scored two goals at the end. All our defenders, midfielders and our goalkeeper were outstanding.’

By Ahmad D. and Bilal S.

Good luck to our teams for their next matches!
EDUCATION WEEK 2015:
CELEBRATING LOCAL HEROES
Thanks for joining us 😊
A BIG REMINDER PLEASE DO NOT DROP YOUR CHILDREN AT SCHOOL BEFORE 8:30. WE NOW HAVE OOSH AVAILABLE IF YOU NEED SOMEONE TO LOOK AFTER YOUR CHILDREN

Upcoming events
Bunnings BBQ – Saturday 15th August
Cake Stall – Saturday 29th August
Father’s Day Stall – Tuesday 1st September & 4th September – Michelle Ly
Movie Night – 20th November
If you would like to help our school raise some much needed funds for your children’s education, please come and see Maryanne who has the roster or put your name down at the office if you could help out at the Bunnings bbq. Without your help we CAN’T raise funds.

Movie Night
We are holding meetings regarding the movie night. If you would like to come and help be part of this great school community event, come and join us in the P&C room. Our next meeting is on Friday 8th August at 2:00pm.

Earn & Learn
DON’T FORGET. We are collecting stickers for Earn & Learn again this year. Do your shopping at Woolworths and for every $10 spend you are given an Earn & Learn sticker. Put these on your sticker sheet and send this in with your child/ren to school. These stickers all add up to earn some educational equipment for the children to use. A collection box is at Woolworths Ermington, West Ryde & Newington & also in the Canteen & the Office.

Breakfast Club
Breakfast club please come and join us in the Canteen from 8:30. Open Every day Monday, Tuesday, Wednesday, Thursday & Friday. There are cornflakes, Rice bubbles & sultana bran. A great way to start the day is with a nutritious breakfast.

Canteen
We are still looking for Volunteers to help in the canteen. Just remember without your help the canteen will not run. So come on down and see Jenny (Canteen Co-ordinator) or phone her on 0419 299 784.
This is a treat for your children so please think about helping even for an hour to take orders in the morning. Every bit counts.

Don’t Forget: The Canteen is Open on Monday, Tuesday & Wednesday for Hot Food, sandwiches & snacks
Friday – Ice creams sold by Year 6s in canteen.
Come and check out canteen refurbishments going on when you come and put a lunch order in. The canteen is starting to look very vibrant and colourful.

Uniform shop
Great news the Sports jackets are back so if you would like to order the Winter tracksuit come on down to the uniform shop. Please remember if we do not have in stock it will take 3 weeks for the order to come in.
Please note the NEW prices of the school uniform effective of 9th June 2015.
The Uniform shop is open every Friday morning between 8:50 and 9:15. But if you need anything during the week just come and see Maryanne.

School banking
Melissa Ball (Hamish yr 1 or Lachlan yr 3) Co-ordinates the Banking and this is done on Wednesdays if you would like any information regarding Banking please don’t hesitate to contact the office.

Fundraising
The P&C is helping the school with Smart Boards. $8000 has been donated from fund raising efforts to help towards the purchase of these Smart Boards. We are sure you will all agree that this is a great effort from our fundraising. So Thank you.

Don’t forget: Our Next Meeting will be held on Thursday 21st August in the library at 6:30pm. Come along and be part of the schools funding plans, there is no such thing as a bad idea.
COMMUNITY NEWS

Cumberland High School
Excellence in Education

Cumberland High School 2016
Year 7
Gifted and Talented Program

Applications now open.
Scholarship opportunities available.
Application close: 14 August 2015

Cumberland High School is a comprehensive high school offering quality education in a caring environment.
183 Pennant Hills Road, Carlingford NSW 2118
Phone: 9671 7718
www.cumberland-h.schools.nsw.edu.au

DUNDAS COMMUNITY FAIR
New Venue!
Featuring Billy Earl Workshop
Prize Draws!
SATURDAY 22 AUGUST 2015
10am-2pm, Telopea Public School, Telopea

Enterling Employment Program

Are you looking for a new job?
or
Are you entering the workforce after some time off?

Why not join us in a NEW employment program.
The Entering Employment Program will provide valuable information to help you secure employment. Learn the steps into designing an application cover letter and resume, gain practical skills for the interview process, learn techniques to stand out from the other applicants.

Date: Wednesday 26th of August, 2nd September and 9th September 2015.
Time: 1000am-2:30pm
Venue: Telopea Sacc Schools as Community Centres Project. (SaCC)
Childcare: Free childcare is available.
Registration: Sharoni Pasqua (Family and Community Worker) Parramatta Mission
phone: 0419 978 721
Or
Pip Martin Telopea SaCC Facilitator
phone: 9898 3448
email: phillipa.martins@det.nsw.edu.au

Bookings are essential for this FREE course.
Afternoon Tea will be provided.

Telopea ‘Schools as Community Centres’ Project
Term 3 2015

MONDAY
Australian Red Cross ‘Good Start Breakfast Club’ 8:30am-10:00am Telopea SaCC Rooms.
A healthy breakfast is provided free for Telopea Public School students in a friendly inclusive environment.

TUESDAY
Meet and Greet 10:00am-10:30am Telopea SaCC Rooms
Information sharing session for families with new born to 2 weeks Facilitated by Community Health

WEDNESDAY
Garden Club 8:30am-10:00am Telopea Public School East Garden and Orchard
Telopea Public School students enjoy using the school garden space through this leadership program.

Hillcrest Mission ‘Entering Employment Program’ 10:00am-12:00pm Telopea SaCC Rooms REGISTRATION ESSENTIAL
Organised indoor and outdoor activities. Story time, music and dancing for families with children birth to 5 yrs. A friendly inclusive and supportive program where adult involvement is encouraged and supported.

THURSDAY
Australian Red Cross ‘Good Start Breakfast Club’ 8:30am-10:00am Telopea SaCC Rooms.
Description as above.

FRIDAY
Supported Playgroup 9:30am-1:30pm Telopea SaCC Rooms.
Registration for the term is ESSENTIAL to ensure quality and safe, inclusive program.

Telopea ‘Schools as Community Centres’ Project (SaCC)
Based in the grounds of Telopea Public School, Oyster Bay – Telopea Park NSW
Please direct all inquiries to SaCC Facilitator Pip Martin
Phone: 9898 3448
Fax: 9684 2653
Email: phillipa.martins@det.nsw.edu.au
**Parenting Programs**

**Child & Adolescent Parenting**

**WHAT'S ON IN TERM 3 - COURSES/WORKSHOPS FOR PARENTS/CARERS**

**Tuning in to Kids Course** (3-10yrs)
Help your child develop emotional intelligence, manage emotions & deal with conflict.
Chatswood 5wks/2.5hrs (27/7 - 24/8, 7.00-9.30pm)

**Triple P (Positive Parenting Program) Seminars** (3-8yrs)
Series of 3 seminars on Positive Parenting & Raising Confident, Competent & Resilient Children
Chatswood (5/8, 12/8 & 19/8, 7.00 - 9.00pm)

**Communicating with Kids Workshop** (based on PET) (4-12 yrs)
Communication skills for building effective long term relationships with your children & family.
Chatswood (31/8, 7.00-9.30pm)

**Tuning in to Teens Course**
Emotional intelligence & communication skills to understand your adolescents' needs & behaviour.
Chatswood 5 wks (30/7 - 27/8, 7.00-9.30pm)

**Toddlers Workshops** (1-3yrs)
Series of 3 workshops on Discipline, Tucker & Toilet Training, Speech & Sleep
Chatswood 28/7, 4/8 & 11/8 (3 wks/2.5hrs each, 7.00-9.30pm)

**NEW**
**Helping Your 3-6 Year Old Child with Anxiety**
Series of 2 workshops for parents to assist with young children showing signs of anxiety
Chatswood 26/8 & 9/9 (2.5hrs each, 7.00-9.30pm)

**Resilient Kids Workshop**
Strategies to accept & express feelings, develop optimistic thinking & coping skills
Chatswood (18/8, 7.00-9.30pm)

**Dealing with Teen’s Backchat Workshop**
Learn how to restore a respectful & positive relationship between you & your teenager
Chatswood (23/7, 7.00-9.30pm)

**WORKSHOPS ON REQUEST - PHONE 9887 5830** (2-2.5 hours)
* Understanding Your Toddler/Discipline & Tantrums
* Tucker without Tantrums/Toilet Training
* Speech & Language Development/Sleep
* Older Sibling - New Baby
* Bully Busting
* Resilient Kids

* Transition to School
* Transition to High School
* Triple P Seminar Series 1-12 yrs & Teens
* Communicating with Kids
* Dealing with Teen’s Back Chat
* Grand Parenting

**Enquiries: Child & Adolescent Parenting 9887 5830**

[NSW Health logo]