Term 1 : Issue 5

DATES TO REMEMBER

<table>
<thead>
<tr>
<th>Term 1</th>
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<tr>
<td>3.4.13</td>
<td>3-day preschool Know Waste visit</td>
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<tr>
<td>4.4.13</td>
<td>2-day preschool Know Waste visit</td>
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<td>5.4.13</td>
<td>Last day for Gymnastics for Term 1</td>
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<tr>
<td>9.4.13</td>
<td>3-day Preschool &amp; 1/2M - Rangers on the Run Backyard Bugs Show</td>
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<td>11.4.13</td>
<td>2-day Preschool &amp; KA – Rangers on the Run Backyard Bugs Show</td>
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<td>12.4.13</td>
<td>ANZAC service 11:30am</td>
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<td>29 &amp; 30.4.13</td>
<td>Staff Development days</td>
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<td>1.5.13</td>
<td>K-6 students &amp; 3-day Preschool return for Term 2</td>
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<tr>
<td>2.5.13</td>
<td>2-day Preschool return for Term 2</td>
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<tr>
<td>3.5.13</td>
<td>School Cross Country 9-11am</td>
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<tr>
<td>3.5.13</td>
<td>Dance2bfit commences</td>
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<tr>
<td>5.5.13</td>
<td>School Working Bee commences 1pm</td>
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<td>8,10.5.13</td>
<td>P&amp;C Mother’s Day stall</td>
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<td>14,15,16.5.13</td>
<td>NAPLAN testing for Years 3 &amp; 5</td>
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<td>16.5.13</td>
<td>P&amp;C meeting in the Library – 7pm</td>
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FROM THE PRINCIPAL

Easter Festivities
We hope that the community enjoyed their Easter break and for those of you, who regard this time as religiously significant, we hope that this time was one of contemplation and celebration. The Easter Hat parade was conducted again this year with a great feeling of excitement and pride about the hats that the children, and their hard working parents (!), made. I am informed by Wikipedia, that “…an Easter Bonnet represents the tail-end of a tradition of wearing new clothes at Easter, in harmony with the renewal of the year and the promise of spiritual redemption…” These are aspects that are shared by many religions and are characteristic of celebration in the northern hemisphere at the beginning of Spring. As we are in the southern hemisphere and going into autumn and winter it is a little different for us. Even so I believe that the Easter Hat (bonnet) parade is fun, a time when everyone can make a funny hat and join together and parade. These photos speak a thousand words:
Junior Rugby League selection

Michael Geddes has been selected to represent the Merrylands/Parramatta & Auburn Combined Zones 11 YEARS Rugby League team at the Sydney West Championships. We would like to congratulate him for his achievement and wish him well for the competition. Should other students, who have skills in various sports but who have not come to the school’s attention, wish to participate in these types of competitions, we encourage you to inform the school of your interest and to pay attention to notices that are sent out to senior students. We encourage all children to participate actively in the sport of their choice as they are able.

Sun Flowers are blooming

A year 1/2 Project.

School Fees

Parents will have received their invoice for school fees for 2013. Please pay these amounts by the end of the term so that we can include them in the school income. The NSW government provides money based on the number of children at our school. Other sources of income are from parents and the community, in the form of fees, fund raising and support from the business community. Each of these amounts helps the school to provide rich learning experiences inside and outside the classroom. You will be reminded of the purchases made throughout the year based on the funds given or raised. These items include I Pads, Numeracy and Literacy learning materials, additional professional learning for teachers, transport to camp, sporting
equipment and home readers. Every dollar given is money well spent, so please send your fees in as soon as possible.

**Harmony Day**
Harmony Day was a great success with parents providing food, children preparing and performing singing items and also participating in our national costume parade. It was a day where we celebrated the ethnic diversity of our community. I noted that some children had out grown their previous costumes but that they had passed them on to younger relatives so that they too had the experience of dressing up for the day. The large number of parents who came could see the pride felt by the students for their place of origin but also for being part of a country and a school that includes all people.

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**Martin Naylor**
Principal

<table>
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<th>ASSEMBLY AWARDS: Term 1, Week 8</th>
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<tr>
<td><strong>Safe Award</strong></td>
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<td><strong>Respectful Award</strong></td>
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<td><strong>Learner Award</strong></td>
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Aldi Grand Opening BBQ
Thank you to Wendy for being willing and able to take hold of this opportunity and organise the BBQ a couple of weeks ago at Aldi Rydalmere. And thanks to all the volunteers who came along to help. Funds raised from this occasion totalled $561.

Coming up soon........

Mother’s Day Stalls – Wednesday 8th and Friday 10th May
A great opportunity for the children to purchase gifts for their Mother’s, Grandmother’s and Carer’s. More information will be sent out in a note to go home with the children in a few weeks.

Family Portraits – Saturday 18th May
Come along and have a family photo taken on Saturday 18th May between 9.00am - 3.00pm.
Cost $15 (all goes to the school) includes one family portrait photo 13”x10” (A4) or pencil sketch portrait (A3), plus one wallet size photo and one key ring.
Great photo packages offered (from $69). See Flyer in this Link or Samples on the Noticeboard beside Kindergarten.
We need 30 families for this to go ahead so please ask your family and friends.

Bunnings BBQ – Sunday 9th June
We have booked in to run a BBQ at Bunnings Lidcombe on Sunday 9th June. This is a fun day and if you are able to help out for an hour or two on the day, or if you are a keen organiser and would like to help out this way, please let Wendy know as soon as you can. As the P&C has agreed to pay for the cost of the bus taking the yr 3-6 children to camp this year, the money raised from this BBQ will be put toward that cost. Whether you have children attending the camp or not, this is an excellent opportunity for you to make a contribution by helping out on the day.

Canteen
Wednesdays: Canteen is open for hot food and snacks.
Thursdays: The year 6 students are selling ice-creams in the canteen.
Fridays: California rolls and sandwiches are available on Fridays. Orders for California rolls must be placed on the Thursday prior. Children will not be able to order these on the Friday.
If you have any queries related to canteen or would like to help out for an hour or two a week, please feel free to chat to Michelle Belliger (Canteen Co-ordinator).

Our next get-together for this year - Thursday 16th May 2013
Join us in the Library on Thursday 16th May at 7pm. Come for a chat and have some input into what is being planned for the year ahead 😊

Uniform Shop
When you need some uniforms, come and see Yvette on Thursday mornings from 8:40am - 9:15am (just down the corridor from the front desk in the office building). If you’re unable to make it on Thursday, you can leave your order with the office staff or see Rita Cottam.

School Banking
If you would like to help out with something at your own convenience, this is the thing for you. It’s just a matter of recording some information when children bring in their savings accounts to school. If you think you may be interested, please see Kylie Ewings who will be able to give you all the information you need. Kylie is working at the school office on Mondays, Tuesdays and Thursdays.
Have a good week.....see you soon 😊
**MUIRFIELD HIGH SCHOOL**

**CAR BOOT SALE**

25\(^{th}\) May 2013

Stall holders wanted

Ring or email Karin:
0425 354 924

kgrant@hydroinnovations.com.au

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**GO4Fun**

FREE fun program for kids to become fitter, healthier and happier

REGISTER NOW FOR NEXT TERM

1800 780 900

www.mendcentral.org/go4fun
**Homework Group/ Parent Support Group**

Need help assisting your children to complete their homework? Like most parents, helping your children to complete their homework can sometimes be challenging. So why not register for our Homework Group for your child/children.

The lead facilitator will be supporting your children to complete their homework on a weekly basis, in a safe, supportive and encouraging environment.

**Details:**

**Location:** Rydalmere Public School (Library)

**When:** Tuesday from 3-4pm.

**First session will take place on the 19th Feb 2013**

Contact Sharlene on 0448 825 219 for registration

Or email sharlene.pasqual@parramattamission.org.au
Parenting Programs

Child & Adolescent Parenting

WHAT’S ON IN TERM 2 - COURSES/WORKSHOPS FOR PARENTS/CARERS

Tuning in to Kids Course (3-10 yrs)
Help your child develop emotional intelligence, manage emotions & deal with conflict.
Chatswood 5 wks/2.5 hrs (28/5-25/6, 7.00-9.30pm)

Triple P (Positive Parenting Program) Course (3-8 yrs)
Strategies to encourage desirable behaviour and manage persistent misbehaviour.
Chatswood 7 sessions over 8 wks – 5 group & 2 telephone (8/5-26/6)

Communicating with Kids Course (based on PET) (4-12 yrs)
Communication skills for building effective long term relationships with your children & family.
Chatswood 6 wks/2.5 hrs (23/5 - 27/6, 7.00-9.30pm)

Communicating with Teens Course
Aims to increase your understanding of your adolescent’s needs & behaviour with skills to relate to them.
Chatswood 5 wks/2.5 hrs (20/5 -24/6, 7.00-9.30pm)

Toddlers Workshops (1-3 yrs)
Series of 3 workshops on Discipline, Tucker & Toilet Training, Speech & Sleep
Cremorne 16/5-30/5 & Chatswood 5/6-19/6 (3 wks/2.5 hrs) (7.00-9.30pm)

Resilient Kids Workshop
Strategies to accept & express feelings, develop optimistic thinking & coping skills
Chatswood (21/5, 7.00-9.30pm)

Dealing with Teen’s Backchat Workshop
Learn how to restore a respectful & positive relationship between you & your teenager
Chatswood (13/5, 7.00-9.30pm)

WORKSHOPS ON REQUEST - PHONE 9887 5830 (2-2.5 hours)

★ Understanding Your Toddler/Discipline & Tantrums ★ Transition to School
★ Tucker without Tantrums/Toilet Training ★ Transition to High School
★ Speech & Language Development/Sleep ★ Triple P (PPP) Seminar Series
★ Older Sibling – New Baby 1-12 years & Teens
★ Bully Busting ★ Dealing with Teen’s Back Chat
★ Resilient Kids NEW ★ Grand Parenting

Enquiries: Child & Adolescent Parenting 9887 5830

NSW Health
Northern Sydney Local Health District

Dads and their children:
Believe from time together